

CHILTERN 50 CHALLENGE, 26th SEPTEMBER 2026; EVENT OVERVIEW

Our Chiltern 50 Challenge event will be taking place on Saturday 26th September 2026. This will be the 8th year of the event. In 2025 the Ultra Challenge Series raised over **£10.3 million** for our charity partners and the 2025 **Chilterns Challenge** helped raise over **£290,000** for our charity partners.

The challenge will start from Henley Showground where we will set participants off in 'waves' between 06:45 and 10:00 on Saturday to help protect the environment and reduce the impact on the local area. Participants will walk, jog, or run up to 50km's on footpaths & public rights of way through the surrounding countryside before finishing back at the same venue, with several shorter distance options being available. **No road closures are required.**

OPTION	DISTANCE (KM)	START DATE	START TIME	START LOCATION	FINISH LOCATION
Full Challenge	50	Sat 26 / 09	06:45 – 09:00	Henley Showground	Henley Showground
25km Loop	25	Sat 26 / 09	08:30 – 09:30		
10km Loop	10	Sat 26 / 09	10:00-10:30		

We anticipate approx. 1500+ walkers and runners taking part across the three different challenge options. We see all types of people participate from ultra runners to first time walkers with around 95% of participants being walkers. All participants share the one focus of raising much needed funds for over 400 different charities including; [MIND](#), [Macmillan Cancer Research](#), [Cancer Research UK](#), [Motor Neurone Disease](#), [British Heart Foundation](#), [Alzheimer's Society](#), [Breast Cancer Now](#), [Dementia UK](#), [Prostate Cancer](#), [The Brain Tumour Charity](#), [Great Ormond Street Hospital](#), [Parkinsons UK](#), [Children's with Cancer](#), [Bowel Cancer UK](#) and many more.. For more information on our charity partners please visit - <https://www.ultrachallenge.com/the-charities/>.

Action Challenge (www.actionchallenge.com), experienced event organisers, are co-ordinating all logistics of the event and we would like to notify all authorities along the route to make you aware of the event and to give you the opportunity to make any suggestions or comments regarding our plotted route. The entire route has been fully researched using existing public footpaths however as we are still several months out from the event this can be adapted following suggestions. We will also conduct a full pre-event recce of the route to identify any significant risks, which we will log into a risk assessment and apply appropriate safety measures to reduce any potential hazards.

With this in mind, please find overleaf an outline of where the event will pass and a Google map for the route on the event page here: <https://www.ultrachallenge.com/chiltern-50/>

Please also find on page 5 further route and event specific information.

Notifications to all local authorities, parish councils and landowners is in the process of being undertaken and **we appreciate any advice/comments you may have.**

Please advise if any formal permission is required along the route.

Kind regards,

Neil Munro

Route and Venue Manager

THE EVENT ROUTE

The event route is comprised of a looped 50km route starting and finishing in Henley Showground, Henley. Participants can choose to do shorter routes which include the 25km Loop or a 10km Loop Challenge.

The main event route goes in a anticlockwise direction. Participants will begin the challenge by heading north from the Henley Showground to Southend and through Ibstone. From Ibstone the route continues north and joins the Ridgeway and turns southwest to Cookley Green. From Cookley Green the route head southeast to Middle Assendon where it heads up and over to Henley-on-Thames and over Henley Bridge. From Henley Bridge the route returns via Remenham, Aston and Hambleden Lock and back around to Henley Showground.

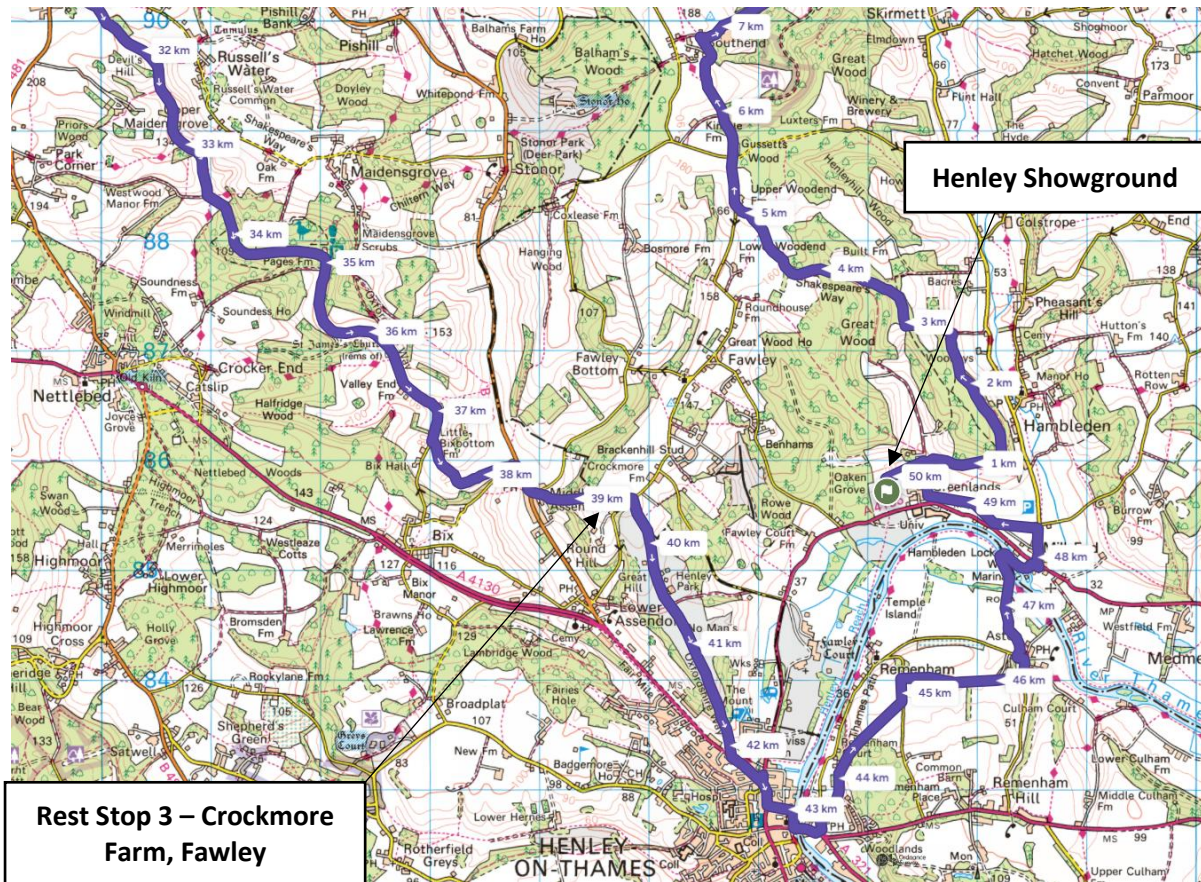
The 25km loop sits within the 50km loop and splits off at Southend and joins the Shakespeare's Way heading west via Stonor Park and Stonor before rejoining the main route before Middle Assendon.

The 10km loop sits within both the 50km and 25km loop and splits off before Southend and is predominantly contained within the Cudden Faw Estate.

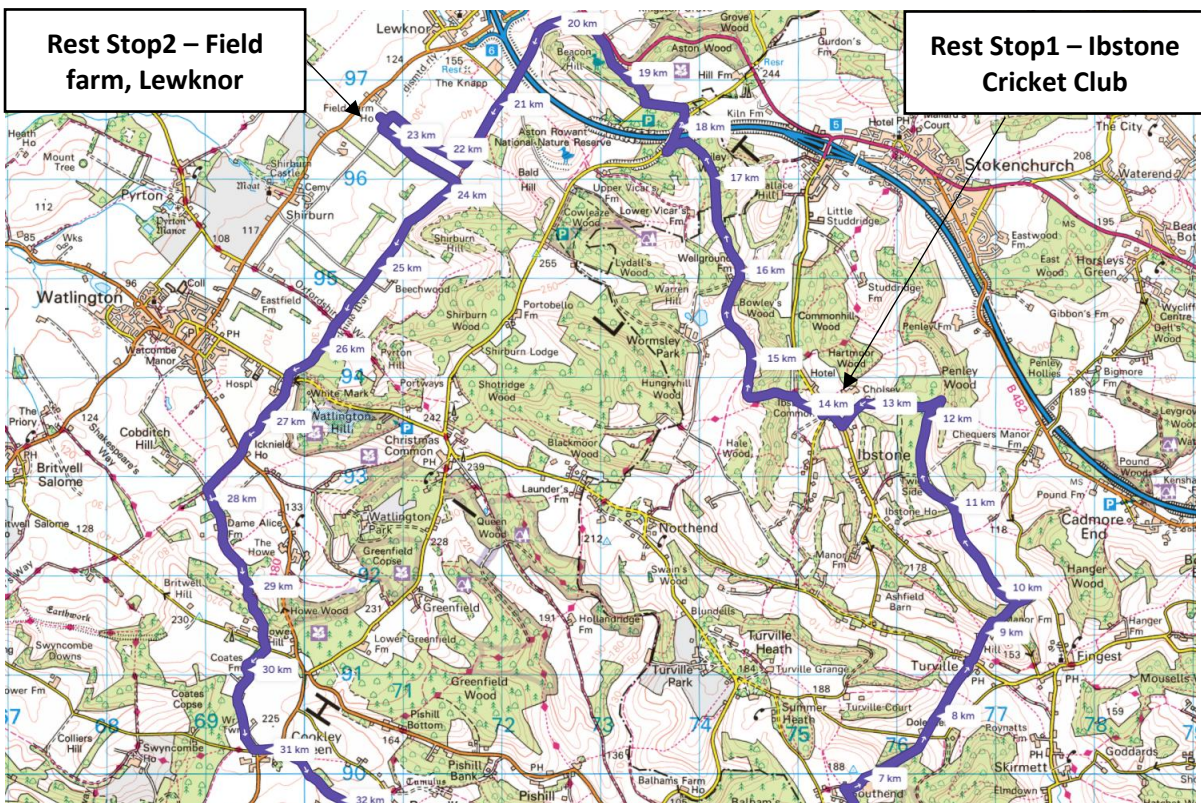
GREEN ROUTE: Shows the full 50k Challenge.
BLUE: Shows the 25km Loop Challenge
RED: Shows the 10km Loop Challenge



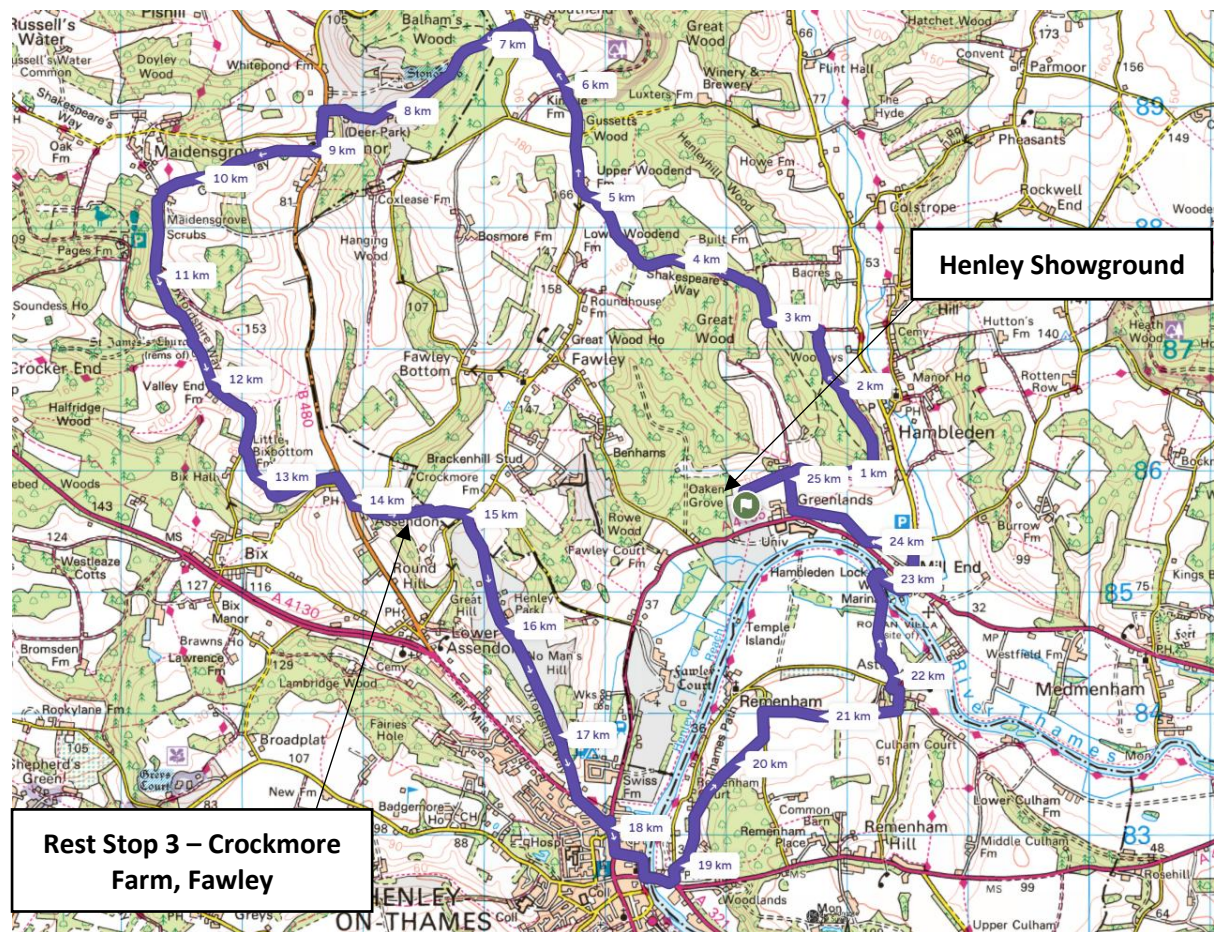
50KM ROUTE – SOUTH END



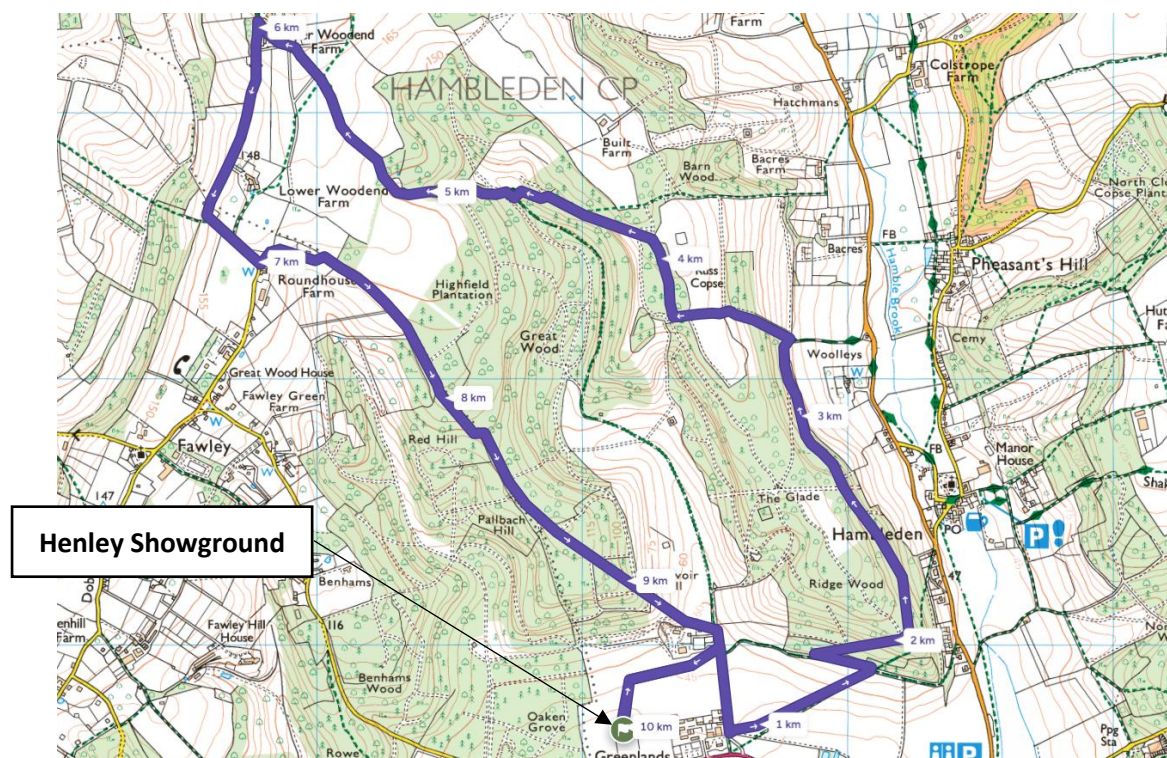
50KM ROUTE – NORTH END



25KM ROUTE



10KM ROUTE



Please note; the above images are only intended to provide an overview of the routes.

The route can be examined in detail via the event website (link provided on page 1) or via download of the route GPX file, which can be viewed in detail on multiple platforms.

EVENT PLANNING INFORMATION

ANTICIPATED PARTICIPANT TIMINGS AT ROUTE & VENUE LOCATIONS

The event commences with the first participants leaving the start at 06:45 on Saturday. The final participants are expected in back at the finish at approximately 22:00 on Saturday having made their way along the route.

All venue locations are approximately 12km apart.

Location	Saturday 26 th September Time first runner expected*	Saturday 26 th September Time Last Walker expected*
Henley Showground	06:45	22:00
Ibstone Cricket Club	08:00	13:00
Lewknor	09:00	15:45
Crockmore Farm	10:45	20:15
Henley Showground	11:45	22:00

*These are the estimated times of the very first runners and the slowest walkers. The majority of participants are likely to start passing through several hours after the fastest runners, and several hours before the last walkers.

ROUTE MANAGEMENT INFORMATION

- Route is fully marked with pink arrows
- Marshals, Guides and medics will patrol the route.
- Road warning signs (for both traffic and participants) where necessary.
- All signage removed after the last participants have passed through.
- All participants are requested to follow the highway and country codes, walk on the right, and stay on the designated path and not to litter.
- Event clear-up includes collection of any rubbish along route.
- Event management plan includes risk assessment and contingency plans in case of unexpected events (i.e. extreme weather conditions).
- Action Challenge public liability insurance certificate can be provided upon request.

CONTACT INFORMATION

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